

girl scouts
of western ohio



Camp Rolling Hills



Camp Champ Patch Program

Camp Rolling Hills Extension

How to Earn the Extension:

- Earn the Camp Champ main patch. Requirements can be found at gsw.org/camp
- Option 1 “Stay at Camp” is mandatory to earn the extension. Reserve your campsite at gsw.org
- Complete two additional options of your choosing
- Once complete, patches and the extensions can be purchased at any GSWO Shop
- Try to earn all 6 extensions!

1. **Stay the Night** - Plan an overnight at Camp Rolling Hills. Pick a unit based on your group’s comfort and experience.

Beginner: Choose to stay in one of Camp Rolling Hills’ lodges: Rainbow or Woodhull. Lodges are indoor buildings with all the comforts of home.

Intermediate: Choose to stay in the cabin unit, Tall Oaks. Cabin units have individual sleeping cabins with latrines, a pavilion and a fire circle nearby.

Advanced: Choose to stay in the Platform Tent Unit: Whispering Winds. Platform Tent Units consist of platform tents that sleep four, restrooms, a pavilion, and a fire circle.

2. **Hike a trail** - Explore the backwoods of Camp Rolling Hills and discover all the natural wonder of camp. (Trail list included on back)

Beginner: Hike 1 trail, Intermediate: Hike 2 trails, Advanced: Hike 3 trails

3. **Outdoor & Education Program Opportunities** - Sign up for archery, backpacking, badge workshops and many other sessions at Camp Rolling Hills. Sessions are hosted in the fall and spring of each year and cost varies by program. Check out gsw.org for opportunities and availability.

4. **Play Gaga Ball** – Try out a favorite camp game called Gaga Ball! Head to the gaga pit and follow these basic rules: Once the ball is in play, any player can hit the ball with an open or closed hand. If a ball touches a player below the knee (even if the player hits himself or herself) he or she is out and leaves the pit. If a player is hit above the knees, the play continues. If a ball is caught on a fly, the player who hit the ball is out. Have fun and enjoy your time in the outdoors!

5. **Service Project** - As Girl Scouts, we always leave a place better than we found it. Doing a service project at camp can be as easy as:

- Maintaining the camp trails by picking up brush and trash
- Collecting firewood for each of the fire circles
- Pick up trash in the fields
- For other service project ideas contact the Camp Ranger



Camp Rolling Hills Hiking Trails

Camp Rolling Hills has several hiking trails that can be enjoyed around camp. Trails vary in difficulty and are listed below from least to most difficult.

Please use the descriptions to select the right one for your troop.

Girl Scouts of Western Ohio encourages campers and hikers to Leave No Trace: Take all trash with you, leave what you find, stay on the main trail.

Woodlands Trail

From the road that heads to the Adirondack Unit, turn right onto the trail, taking note of the ravine on one side and nice woods on the other side. The trail will loop back through the woods and end on the road close to where you entered.

Prairie Trail

This trail starts near the flagpole at the tree line and weaves through a young forest. There are multiple ways to turn, but all the trails end shortly at one of several exits – near the road to the wagons, in the Tall Oaks unit, or on the road to the Adirondack unit.

Nature Trail

Starting near the archery range at the edge of the woods, this loop winds through tall pine trees and includes a few optional side trails to explore. Exit back into the field, or into Whispering Winds tent unit.

River Trail

Starting at the kitchen shelter in the Adirondack unit, follow the road down the hill to the small creek. The trail turns left around the hillside and soon dead ends into the Stillwater River.

If you enjoy hiking and want to earn medallions from each camp, check out the Hiker Challenge patch program for details found at gsw.org.

