

Missio Leader Manual

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Overview and Need for Adult Support

Overview of Missio

Missio is a Religious Recognition Program designed for students in grades 11-12. The program invites young people to explore missionary discipleship and their own religious identity. Girls will raise their awareness of the missionary discipleship at the heart of Christian life through prayer, journaling, and engaging in world changing activities. *Missio* was jointly created by the Pontifical Mission Societies in the U.S. and the National Confederation of Catholic Youth Ministry (NFCYM).

Adult Support

While most girls in late high school are able to complete this program independently, support of key adults is needed and an integral value to the program. Adult roles are as follows:

- Get your young person introduced to the program
- Answer any questions they may have throughout the program
- Occasionally check their progress through the program
- Guide them in choosing a Take Action Project, ensuring it is meaningful and manageable

Program Content and Steps for Completion

Program Content

The *Missio* program consists of 5 Chapters:

1. What is Mission?
2. Mission Originals - Missio Dei in Scripture
3. Pauline Jaricot - The Match that Lit the Flame
4. The Patron Saints of Mission
5. Missionary Discipleship Today

Steps to Complete *Missio*

- ☐ Determine girl interest
- ☐ Order *Missio* books for each girl at nfcym.org
- ☐ Facilitate the completion of activities
- ☐ Meet with parish priest, youth minister or DRE (Director of Religious Education) and have them sign your book.
- ☐ Complete the medal application process
- ☐ Order medals
- ☐ Celebrate their accomplishments

Helpful Hints

- Girls should use a Catholic Bible through this program. Recommended versions are NSRV and NAB.
- The Venerable Pauline Jericot Catholic Identity Patch can be earned in conjunction with this award.
- If the MISSIO app is not available, you can visit Missio.org for Chapter 4, Activity 3.
- Girls are asked to organize a community event to support one of the projects on MISSIO. Allow plenty of time for this event to be developed and run. Thru this project they should accomplish one or more of the following:
 - Identity community needs
 - Creativity solve problems
 - Advocate for themselves and others, locally and globally
 - Educate and inspire others to act
 - Make a difference in the world

Appendix A – The Experiential Learning Cycle (AKA: Learn-by-Doing, Reflection Model)

The Religious Recognition Program is an opportunity to support parents and Catholic Church in their daughters' Faith Development. (Discipleship and Evangelization)

The Archdiocese Committee on Catholic Girl Scouting believes the Girl Scout Program Model of Experiential Learning, provides a value-added framework to the Catholic Religious Awards program. The process is meant to be applied through informal settings, in a conversational atmosphere, based on the age level of the girls. When the Religious Awards Program is combined with the Girl Scout Reflection Model, girls' learning about their faith and themselves is deeper and more impactful, because of three key features of the Girl Scout program.

1. **Personal reflection allows girls to explore their values** and drawing meaning about their values—especially values of the Heart/Values of our Faith. These values are sometimes referred to as Eulogy Values, or Character Values: kindness, joy, patience, peace, generosity, faith, charity, hope, love., self-control, gentleness.
2. **Troop reflection** gives girls a supportive environment where they learn to share their personal beliefs and where they are encouraged to stand up for their personal beliefs.
3. **Girl Scouts teaches girls to reflect on personal values and ethics** found in the Girl Scout Promise and Law and girls' faith and family values to guide their actions, as a troop and as individuals. This teaches girls to practice those “values of the heart,” in the Religious recognition program, in Girl Scout activities, and to put them into practice in their daily life.

