

# The Exclusion Sticker Game

## Materials:

- Enough colored stickers or different colored post-its (small) for each player. There should be 3-6 different colors.

## Activity Instructions:

- This activity has 2 stages.

### Stage 1: Inclusion

- Have everyone stand in a circle facing outward.
- Ask them to close their eyes while you place a colored sticker on each person's forehead. They can open their eyes once all stickers are placed. They will see others' stickers, but not their own.
- Tell them to walk around for 30-60 seconds and silently form groups with people who have the same color sticker. Make sure everyone is included in a group—group sizes can vary.
- Play again, this time asking them to form groups where everyone has a different colored sticker. Again, no talking and make sure no one is left out.

### Stage 2: Exclusion

- This time distribute the stickers unevenly.
- Give 1 or more players the only sticker of their color, while giving the rest of the players colored stickers that repeat across the group.
- The players with the only sticker of their color will not have a group, while 2 - 3 other groups are formed.

### Debrief: Observe the different reactions and ask the following questions

- How did you feel when you found a group of people you could join?
- How did you feel when you couldn't find a group to join right away?
- Were you afraid that there was no group for you?
- (To the person who was excluded in Stage 2 of the game) How did you feel when every group rejected you?
- How might this relate to new leaders attending their first service unit meetings?

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