



# Bridging to Senior Guide

Use this guide to talk to your girls about bridging and to get them looking forward to their next step in Girl Scouting. Below you'll find the bridging requirements for bridging to the Girl Scout Senior grade level.



## Earning the Bridging Award

To earn the Bridge to Girl Scout Senior Award, complete two steps. In the process you'll pass down something you learned to a younger Girl Scout and look forward to what's waiting for you at the next level. You only need to complete one in each step to complete the requirement.



### 1

#### Pass It On!

Think about your most memorable moments as a Cadette and find a way to share them with others. Use one of these ideas or come up with one on your own:

- Tell them about your group's most memorable adventure and teach them your favorite Girl Scout tradition.
  - ♦ Take a group of Girl Scout Juniors to your favorite local hiking spot; demonstrate something you've learned about outdoor safety and talk to them about Leave No Trace.
- Did you earn a Girl Scout Silver Award?
  - ♦ Present and talk to a group of Juniors about your project. Be sure to let them know how you or your team got through the tough times and how much fun you had along the way!
- Invite Juniors to the presentation of your Journey Take Action project.
  - ♦ Save some time for questions and so you can tell them about all the great things waiting for them when they become Cadettes.

### 2

#### Look Ahead!

Ask current Girl Scout Seniors what you can look forward to when you advance to a Girl Scout Senior:

- As a Senior, you can take part in global travel opportunities offered by Girl Scouts.
  - ♦ Ask them the best way to learn more about the opportunities Girl Scouts can offer. Connect with your local council for details.
- Plan a weekend or overnight trip with some Seniors
  - ♦ Ask them to take you on their favorite canoeing, horseback riding or surfing spot. Make sure you find out what they have enjoyed most about being Seniors.
- If you're interested in earning your Girl Scout Gold Award, connect with Seniors already working on a project.
  - ♦ Whether online, on the phone or in person—get some advice on how to choose from among all your great ideas.
- Find out about council and national delegate opportunities for Girl Scouts.
  - ♦ What does it take to represent your council as a national delegate? How do you become a member of your council board? Can you serve on a girl advisory team?

## Plan a Ceremony

Bridging ceremonies usually take place at the beginning or end of the Girl Scout year and can have three parts:

- Opening: Guests are welcomed and the tone is set.
- Main Section: The ceremony is explained and the girls celebrate moving from one level to the next.
- Closing: Girls can participate in Friendship Circles and thank their guests.

Each of the ceremony's parts offers plenty of room for the girls' creativity and individuality. And whether the ceremony includes an actual bridge or a symbolic one, or if it includes props like candles, flowers or flags, the ceremony should always focus on paying tribute to the girls as they move forward.

For more information go online to <https://www.girlscouts.org/>.



# Sail Up to Seniors

As your Girl Scout Cadettes are wrapping up their second year, now is a great time to talk with girls and their families about the fun and exciting new opportunities they will experience next year as Seniors.



The Girl Scout **Gold Award** is the highest award a Girl Scout can earn. Once achieved, it shows colleges, employers, and your community that you're out there changing the world. Remember the prerequisite to earning your **Gold Award** is to earn your Silver Award and complete either one or two Journeys listed:

- GIRLtopia
- Sow What?
- Mission: Sisterhood
- Outdoor
- Think like a Programmer
- Think like a Citizen Scientist
- Think like an Engineer

## Leadership Awards:

- Gold Leadership Torch
- Service to Girl Scouting Bar
- Community Service Bar

## Mentoring Awards:

- Counselor in Training
- Volunteer in Training
- Junior Instructor



## Fun Events:

- CSA Conference
- Spookybrook Planning Committee
- Astronomy Club
- Teen Extreme
- Space Science Day
- Naturalist Meetup

## Destinations:

Are your girls seeking some adventure? Girl Scout Destinations are designed for girls ages 11-17 years old to gain leadership skills and confidence through travel.

## Outdoor Activities:

- Backpacking
- Junior Instructor at Camp
- High Ropes Challenge Course
- Target Sport Extreme
- Geocaching
- Rappelling
- Ohio River Paddlefest
- Primitive Survival Camping



Check the Program Events Guide and *Safety Activity Checkpoints* for more fun activities for Girl Scout Senior.

**Questions?** Contact Customer Care 888.350.5090 or visit [gsw.org](http://gsw.org).

888.350.5090 | [gsw.org](http://gsw.org)  
customer care@[gsw.org](http://gsw.org)



1101200-007/2023