



# EARN THE MEALS ON WHEELS PATCH

TOGETHER, WE CAN DELIVER



## OUR MISSION

To deliver essential services that promote the independence of seniors so they may remain in the comfort of their own homes.

## KEYS OF LEADERSHIP + MEALS ON WHEELS

All levels of Girl Scouts can experience the “Keys to Leadership” at Meal on Wheels of Southwest OH & Northern KY. Girls can *discover* values and acquire knowledge about Meals on Wheels, who we serve, and the impact the agency has on the senior community. Girls can *connect* by talking to a person who takes care of a senior, like a social worker, or a home health aide. They can even visit a facility where seniors live and engage with them. Through their discovery and connecting with seniors, girls will then understand the needs of seniors and can *take action* to help by volunteering at Meal on Wheels of Southwest OH & Northern KY.

1

Complete the Girl Scout activity for your appropriate level using the Meals on Wheels website: [www.muchmorethanameal.org](http://www.muchmorethanameal.org)

### COMPLETE THE FOLLOWING QUESTIONS:

1. What colors is the Meals on Wheels logo?
2. What animal is the lady with the blond hair holding in her arms?
3. What is the phone number on the side of the Meals on Wheels van?
4. What do the Meals on Wheels vans deliver to the seniors every day?

## JUNIORS / CADETTES

1

Complete the Girl Scout activity for your appropriate level using the Meals on Wheels website: [www.muchmorethanameal.org](http://www.muchmorethanameal.org)

### COMPLETE THE FOLLOWING QUESTIONS:

1. What is our mission at Meals on Wheels?
2. How many counties does Meals on Wheels serve?
3. How many congregate meals does Meals on Wheels serve a day?
4. How many home delivered meals does Meals on Wheels deliver a day? a year?
5. What are the four ways someone can donate to Meals on Wheels?

## SENIORS / AMBASSADORS

1

Complete the Girl Scout activity for your appropriate level using the Meals on Wheels website: [www.muchmorethanameal.org](http://www.muchmorethanameal.org)

### COMPLETE THE FOLLOWING QUESTIONS:

1. What year was Meals on Wheels founded?
2. Who is the CEO of Meals on Wheels?
3. What are the 10 services Meals on Wheels provides?
4. What are the names of the counties that Meals on Wheels serves?
5. Who does a senior call to qualify for our meals and/or services in Ohio? In Kentucky?
6. Who provides the funding to Meals on Wheels for the meals to seniors?

## ALL LEVELS OF GIRL SCOUTS

2

All levels of Girl Scouts complete the following question and task.

1. Which family member listed below would be someone who would possibly receive meals from Meals on Wheels?
  - a. Grandma
  - b. Grandpa
  - c. Mom
  - d. Dad
  - e. Aunt
  - f. Uncle
  - g. All of the above

**Answer:**

2. *Connect* by talking to a senior, visiting a senior or talking to someone who takes care of a senior. Learn what the issues seniors face and their needs.

## ALL LEVELS OF GIRL SCOUTS

3

All levels of Girl Scouts complete the following question and task.

1. *Take Action* by Volunteering at Meals on Wheels of Southwest OH & Northern KY for 2 hours.

*NOTE: Step 3 should be completed last as patches will be awarded at Meals on Wheels the day of service.*

## CONTACT INFORMATION

If you have any questions, request additional information or need to schedule your troop to volunteer, contact Tammy Hitchcock by at 513-244-0668 or by email [thitchcock@muchmorethanameal.org](mailto:thitchcock@muchmorethanameal.org).

