

Girl Scouts
is *s'more* fun
with friends!



Invite-a-Friend Event Guide

Did you know?

The first known recipe for s'mores was published in the handbook *Tramping and Trailing with the Girl Scouts* in 1927 and is credited to Girl Scout troop leader Loretta Scott Crew. This delicious campfire treat was originally called "some mores" — because who can eat just one?

Hosting an Invite-a-Friend event for your troop?

Check out these activities to help you plan and be prepared to welcome new girls!

Make G.O.R.P. (Good Old Raisins and Peanuts)

G.O.R.P. is a Girl Scout version of trail mix and is a favorite snack to take hiking or camping! Try making a s'mores version of G.O.R.P. using these ingredients:

- Mini marshmallows
- Chocolate chips
- Teddy Grahams

Create Your Own S'mores Recipe

What would you add to a s'more to make it *s'more* delicious? What else could you make using the classic chocolate, marshmallow, and graham cracker combination? What new creation have girls been interested to cook over a campfire?

Encourage girls to use their imaginations to come up with their own s'mores recipes! Ask them to write down their ingredients and the steps to assemble their s'mores, then collect the information into a s'mores recipe book for your troop. For some added fun, host a s'more-themed cooking competition with taste testers to choose a favorite recipe.



S'mores Stack Challenge

Who can make the tallest s'mores stack? Along with girls, layer your chocolate, marshmallows, and graham crackers on top of a plate or other flat surface until your s'more is at its limit. See who can make the tallest stack without it tipping over!

Work on Fire-Building Skills

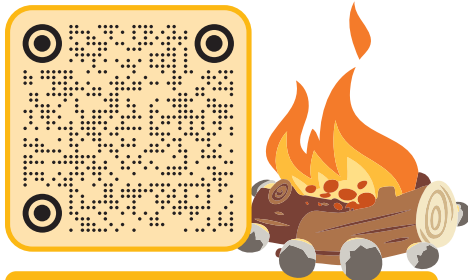
Knowing how to build a fire is one of the oldest — and most valuable — Girl Scout survival skills. Fire gives you the power to stay warm on a cold night, cook outdoors, and bring people together for songs and s'mores. Follow the steps below to plan your fire-building workshop! Plus, grab some roasting sticks for girls to make their very own s'mores over the flame.

Supplies:

- Tinder
- Kindling
- Wood for burning
- Fireplace or fire ring
- Bucket of water
- Shovel
- Matches or flint
- Fire starter (optional)

Instructions:

- Review safety guidelines.
- Discuss the types of wood and ways to build a fire.
- Make an A-frame with three pieces of kindling, leaving an air space under the crossbar.
- Lay a handful of tinder against the crossbar on the inside.
- Lean your tinder upright and toward the center. (You can also use a combination of tinder and a fire starter.)
- Strike a wooden match close to the tinder and away from your body.
- Hold the match under the crossbar and tinder at ground level so the flame burns upward.
- As the tinder catches, carefully add more. Then, begin placing kindling so it leans against the crossbar above the flaming tinder. Continue adding kindling until you've constructed a teepee shape.
- Add fuel (large pieces of wood) to the fire so the kindling can ignite it.
- Leave spaces for air and only use the fuel you need.
- Keep your fire small. Conserve fuel and avoid creating too much smoke.



To learn more about fire building, scan the code or visit gsw.org/buildafire

Create a Solar Oven

No campfire? No problem! Create a solar oven to cook your s'mores. Follow along with the video at gsw.org/solaroven to get started.

Create S.W.A.P.S. (Special Whatchamacallits Affectionately Pinned Somewhere)

S.W.A.P.S. are small tokens of friendship that Girl Scouts exchange with one another. S.W.A.P.S. uniquely reflect a Girl Scout's personality, troop, or memory of a special experience. Create cute s'more S.W.A.P.S. by following the steps below.

Supplies:

- Brown construction paper
- Cardboard
- Cotton balls or batting
- Glue
- Googly eyes
- Markers
- Safety pins

Instructions:

- Cut construction paper and cardboard into two 2x2 in. squares.
- Place a construction paper square behind a cardboard square and rotate the construction paper so the corners peek out. Glue down and repeat.
- Fluff your cotton ball or batting and glue it between your cardboard squares to create a sandwich.
- Glue googly eyes to the front of your s'more and draw on a smile.
- Poke a safety pin through the back to wear your S.W.A.P.S. on your shirt or a Girl Scout uniform.

