



GET OUTDOORS CHALLENGE

girlscouts
of western ohio



Get Outdoors Challenge Activities - Summer 2022

1	Fly a drone	23	Hunt for beach glass	45	Organize and carry out a picnic
2	Try out a new water sport	24	Paint flower pots then plant something in them	46	Find and photograph each letter of the alphabet in nature
3	Go white water rafting	25	Go fishing	47	Attend Girl Scouts Love State Parks Weekend on Sept 10 or 11
4	Pick berries or apples	26	Practice three yoga poses twice in one week	48	Become a Junior Ranger (State Parks, National Parks)
5	Observe life underwater	27	Stay overnight at a GSWO camp	49	Find and examine spider web construction on early dewy mornings
6	Make a compost bin and use it	28	Create art inspired by nature	50	Look for shapes in clouds and create stories from the shapes you see
7	Hike during a full moon	29	Go horseback riding	51	Write to an elected official about an outdoor issue in your community
8	Make "do it yourself" bubbles	30	Visit a waterfall	52	Make a poster on how to use less single-use plastic and share it with others
9	Visit a national park	31	Have a water balloon fight	53	Spot three different kinds of butterflies, then try to identify them
10	Identify 4 different trees by its leaves	32	Learn to use a knife and create something	54	Shadow trace objects on a sidewalk on a sunny day
11	Sit outside and make friendship bracelets	33	Attend a GSWO event or program	55	Hike at least one mile on a trail
12	Visit a state park or forest	34	Draw or paint a picture of a sunset	56	Earn a Hiker Challenge medallion by hiking at a GSWO camp (council website)
13	Go stargazing and find the Big Dipper	35	Create mud sculptures	57	Catch and release bugs you find in your yard
14	Find 5 different colored mushrooms	36	Swim in a creek, lake, or the ocean	58	Photograph nature in an unusual place
15	Create a fairy garden or fairy house	37	Make a bird feeder or bat house	59	Learn the seven principles of Leave No Trace and pick one to practice
16	Weave with nature	38	Campout in your back yard	60	Earn an outdoor related badge for your Girl Scout level
17	Visit a nature center	39	Do an activity in a local park	61	Observe an animal in the wild from a safe distance
18	Plant a tree or flower	40	Make your own kite and fly it	62	Try a new recipe for a healthy snack to take outdoors
19	Cook something in a dutch oven	41	Learn to tie two new knots	63	Read a book about something related to the outdoors
20	Make ice cream in a bag or coffee can	42	Identify an insect by its song or sound	64	Do an activity involving a campfire
21	Do a service project to help nature	43	Run through the sprinkler	65	Go puddle stomping after a storm
22	Make s'mores a different way than normal	44	Ride a bike at least 2 miles	 Send GSWO pictures/ videos of your adventures to: gswo.org/shareyourstory For more information go to gswo.org/getoutdoors or call 800.350.5090	

Number of Activities Required per Grade Level for Patch

Daisy
20

Brownie
25

Junior
30

Cadette
35

Senior
40

Ambassador
45

Volunteer
45

Complete the required amount of activities for your grade level by 11:59 p.m. on September 12, 2022 to complete the Get Outdoors Challenge! (But don't let that stop you—complete as many activities as you can by the end of the summer!)

Patches will be available for purchase at GSWO Shops for all who complete the Get Outdoors Challenge!
Get all of the details at gswo.org/getoutdoors.

Please follow current health restrictions.

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