



Bridging to Cadette Guide

Use this guide to talk to your girls about bridging and to get them looking forward to their next step in Girl Scouting. Below you'll find the bridging requirements for bridging to the Girl Scout Cadette grade level.

Earning the Bridging Award

To earn the Bridge to Girl Scout Cadette Award, complete two steps. In the process you'll pass down something you learned to younger Girl Scouts and look forward to what's waiting for you at the next level. You only need to complete one in each step to complete the requirement.

Bridging Step One: Pass It On!

As a Girl Scout Cadette, you'll have the power to create an amazing impact on the world around you! Here are some ideas for taking everything you've learned and energizing younger girls to jump up to Girl Scout Juniors. Show your Girl Scout Brownie sisters why being a Girl Scout Junior is so great:

- Make short videos of everyone in your group from your time as a Junior and screen them for a group of Brownies.
 - ◆ Speak about your favorite memory. *Don't forget to tell them why you can't wait to climb up to Cadettes!*
- Invite Brownies to attend one of your meetings and demonstrate a skill that will make them look forward to being a Junior.
 - ◆ *You could show them photos from your group's favorite camping or canoeing adventure and demonstrate how to pack a backpack for a longer trip.*
- Invite girls your age who aren't Girl Scouts to join you in a fun activity—
 - ◆ Learn martial arts, sign language or building a parade float. Maybe ask the to help with a Take Action Project.
- Team up with the girls in your group that earned a Girl Scout Bronze Award and hold a question and answer session.
 - ◆ Describe how you chose your project, your planning process and how you overcame obstacles along the way.

Bridging Step Two: Look Ahead!

As a Cadette, you'll set your sights on the world outside your local area. Find out what lies beyond your neighborhood. Make a list of all the places you'd like to visit. But, there's no better way to find out what you have to look forward to than to talk with your Cadette sisters.

- Ask a Cadette to talk to you about her experiences so you know what you can expect.
 - ◆ Does she have a favorite experience from her time as a Cadette? If she mentions a special activity or new skill she learned as a Cadette, ask her to teach you how to do it.
- Do you want to work on your Girl Scout Silver Award? Find Cadettes that earned this honor and ask them for tips.
 - ◆ Find out how they formed their teams, how they selected a project and what they learned along the way.
 - ◆ If you have some ideas for your own project, be sure to ask them for advice.
- What journeys did Cadettes go on? What did they enjoy about the experience?
 - ◆ Ask them how they helped their community and to share their best moments from their journey with you.

Plan a Ceremony

Bridging ceremonies usually take place at the beginning or end of the Girl Scout year and can have three parts:

- **Opening:** Guests are welcomed and the tone is set.
- **Main Section:** The ceremony is explained and the girls celebrate moving from one level to the next.
- **Closing:** Girls can participate in Friendship Circles and thank their guests.

Each of the ceremony's parts offers plenty of room for the girls' creativity and individuality. And whether the ceremony includes an actual bridge or a symbolic one, or if it includes props like candles, flowers or flags, the ceremony should always focus on paying tribute to the girls as they move forward.

For more information go online to <http://www.girlscouts.org/en/about-girl-scouts/traditions/ceremonies.html>.





Climb Up To Cadette

As your Girl Scout Juniors are wrapping up their second year, now is a great time to talk with girls and their families about the fun and exciting new opportunities they will experience next year as Cadettes!

Here are some amazing opportunities to get excited about:



Is there an issue in your local community that your girls care about? Through small group work, girls can make a difference in their area of interest and earn their **Silver Award**. *Remember a Journey is a pre-requisite to earning your **Silver Award**.*

aMaze!
Breathe
Media
Outdoor

Think Like an Engineer
Think Like a Programmer
Think Like a Scientist



Leadership Awards

Silver Torch Award
Community Service Bar
Service to Girl Scouting Award

Mentoring Awards

Program Aide
Leader in Action

Fun Events:

Leadership Conferences
Babysitter Badge
Fencing

First Aid/CPR training
Self-Defense Training
Digital Movie Maker



Travel: Seeking adventure? Girl Scout Destinations are designed for girls ages 11-17 years old to gain leadership skills and confidence through national and international travel.

Outdoor:

Tomahawks
Rappelling
Adventure Out Camps

Backpacking Weekends
High Ropes Course
Knife Throwing

Clubs:

Astronomy
Trailblazers
Naturalists

Travel Bugs
Community Impact Meetup



Check the Program Events Guide and *Safety Activity Checkpoints* for more fun activities for Girl Scout Cadette.

Questions? Contact Customer Care at 888.350.5090 or visit gsw.org.

