

When to Test, Quarantine or Mask

If Exposed &/or Test Positive	Get Tested at least 5 days after exposure	Quarantine Guidelines	Mask Guidelines	If Symptoms
If exposed & not currently fully vaccinated	Within first 5 days status unknown;	Quarantine for at least 5 days Stay home for at least 5 days	Take precautions until day 10	After quarantine Watch for symptoms until 10 days after you last had close contact If symptoms, Isolate immediately and get tested . Continue to stay home until you know the results. Wear a well-fitting mask around others.
If exposed & CURRENT on recommended COVID vaccinations If exposed & YOU had confirmed COVID-19 within the past 90 days (you tested positive using a viral test)	Get Tested at least 5 days after exposure	No quarantine You do not need to stay home unless you develop symptoms	Wear a well-fitting mask Wear a well-fitting mask for 10 full days any time you are around others inside your home or in public. Do not go places where you are unable to wear a well-fitting mask.	Watch for symptoms Watch for symptoms until 10 days after you last had close contact. If symptoms, Isolate immediately and get tested . Continue to stay home until you know the results. Wear a well-fitting mask around others.
IF YOU Tested positive for COVID-19 or have symptoms , regardless of vaccination status	Tested Positive	Stay home for at least 5 days Stay home for 5 days and isolate from others in your home. Wear a well-fitting mask if you must be around others in your home.		Ending isolation if you had symptoms: End isolation after 5 full days if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving. Ending isolation if you did NOT have symptoms End isolation after at least 5 full days after your positive test.

DEFINITIONS

Exposure - Contact with someone infected with SARS-CoV-2, the virus that causes COVID-19, in a way that increases the likelihood of getting infected with the virus.

The date of your exposure is considered day 0. **Day 1 is the first full day after your last contact with a person who has had COVID-19.** Stay home and away from other people for at least 5 days.

Close Contact - A close contact is someone who was less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period. For example, three individual 5-minute exposures for a total of 15 minutes. People who are exposed to someone with COVID-19 after they completed at least 5 days of isolation are not considered close contacts.